



KINGSTON UNITED REFORMED CHURCH

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Charity no. 1131880



1 September 2020

Dear KURC member or friend,

KURC 2020 GIFT DAY 'BIG 8' CHALLENGE

This is to invite you to join KURC's 'BIG 8' Gift Day challenge, which starts on Tuesday 1 September. The challenge reaches its climax with this year's KURC Gift Day on Sunday 27 September, and there's plenty to get involved with in the meantime.

We've called the whole event the 'Big 8 challenge' because we've come up with 8 personal challenge categories to remind ourselves of the challenge presented by the Gift Day itself. We hope that the Big 8 challenge will motivate people to set themselves new goals, work to meet them and finally honour their and everyone else's achievements by responding generously to the 2020 KURC Gift Day appeal. Lesley will be writing shortly with more details of the appeal itself.

Here are the 'Big 8' challenge categories, with some examples of what people have pledged to do so far. Also a few challenge ideas and opportunities. We hope these will inspire you too to feel challenged! Most involve the figure 8 in some way, and it would be good if your own challenge(s) could do so too. But the choice is entirely yours. The really big challenge is of course number 8 below - 'generous giving'. If no other categories appeal, feel free to skip straight to this one.

- 1. Physical**
Janine to lose the final 8lb in her weight loss campaign
Vaughan to master 8 different plank exercises
Opportunities for dieting, running, yoga, gymnastics...+++
- 2. Creative**
Jenny M to make special edition Christmas cards for sale
Opportunities for art, music, writing, poetry...+++
- 3. Food**
Opportunities for devising/cooking 8 new dishes; inviting 8 friends to cook a dish for a meal that you then enjoy together online...+++
- 4. Travelling**
Bron to walk the Anglesey coastal footpath
Ann Macf to wheel her way 8++ km on the Thames footpath from Kingston to Hampton Court and back
Opportunities for holiday exploits; visiting and taking a selfie in 8 parks in the Kingston area; learning to say 'Hello' in 8 languages...+++
- 5. Scriptures**
Opportunities for learning 8 Bible passages; researching and practicing The Lord's Prayer in 8 languages...+++
- 6. Singing & dancing**
Opportunities for learning and performing 8 new songs (or verses) and dances (or dance steps/movements)...+++
- 7. Hobbies**
Richard and Denise to aim for 8 geocaches in a single day
Cathy's challenge for gardeners to distribute plant cuttings to 8 people
Opportunities for adapting your own pet hobby to include a stimulating challenge...+++
- 8. Generous giving**
And the most important challenge of all: to honour people's achievements by responding generously to the challenge presented by this year's KURC Gift Day.

More↓

“How do I get involved?” Here are 6 easy steps:

1. Set yourself a new personal challenge, or build one into something you are already doing. If possible, choose something you can complete before Saturday 26 / Sunday 27 September and try to relate it to the figure 8 (a challenge in itself!).
2. Send an email describing the challenge in up to 50 words to Vaughan James (vaughanrjames@gmail.com). He will pass details to John Watts who who is creating a special section in the KURC website to feature Big 8 challenges. We would like to include yours in it.
3. Ideally, take photographs of your challenge as it progresses and, even more importantly, when you get there!
4. Email Vaughan again at the end of your challenge, with brief details of how you have done and with a photo or two (eg ‘before and after’ if relevant). These will be added to your website entry.
5. **Keep up-to-date with – and be inspired by – other people’s challenge stories by checking the website regularly.**
6. Make a note now of the online ‘Show-and-Tell’ session scheduled for 15.00 on Saturday 26 September where we can all celebrate our own and each other’s successes.

A couple more important dates:

- Friday 25 September, 19.30: KURC’s online ‘BIG 8’ Gift Day QUIZ – 8 online rounds of 8 questions each in 88 minutes, hosted by Richard Scorer. More details later.
- Sunday 26 September, 10.30: KURC online Gift Day service.

And finally, the
Big 8 Challenge
in graphic form.
Please challenge yourself to help
fill the ‘Big 8’
over the coming weeks.



Please contact either of us if you have any queries.

With thanks and best wishes,

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PS: We’d like to keep Gift Day donations as cash-free as possible and so would urge you to use the Virgin Money Giving page on the KURC website if you have the facilities to do so. Please do identify your donations as ‘2020 Gift Day’ in the message box on the site’s opening page and, further on in the site, tick the GiftAid box as appropriate Details of further payment options with Lesley’s Gift Day letter.