



We asked Kingston Foodbank for a list of items that the Foodbank needs and these are:

- Soup – cans or packets
- Baked Beans in tomato sauce
- Spaghetti in tomato sauce
- Tomatoes – in cans or cartons
- Tinned vegetables
- Instant mashed potato
- Fish, eg tuna, salmon etc.
- Meat – in tins, eg corned beef etc.
- Vegetarian options to meat, eg macaroni cheese
- Biscuits
- Sugar
- Juice – bottles or long life cartons
- Milk – long life cartons
- Tinned fruit
- Coffee
- Rice pudding
- Custard
- Pasta
- Pasta Sauce
- Rice
- Noodles
- Chocolate bars, eg Kit Kat, Penguin
- Jam

The Foodbank has thanked us for offering our support.

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